THE SOUTH YUBA RIVER CITIZENS LEAGUE PRESENTS

Protect Your Happy Place

23RD ANNUAL

Yuba RIVER CLEANUP

SEPTEMBER 16 - 27, 2020

CHOOSE YOUR SITE • CHOOSE YOUR TIME

CHOOSE TO SAVE A RIVER

Protect our river and community during COVID-19.
Clean up over 12 days. Choose when and where works for you.
The South Yuba River has seen an unprecedented number of visitors this summer, leaving behind unsightly litter and garbage on beaches and trails. We are calling on our community to help “Protect Your Happy Place” by signing up for the South Yuba River Citizens League’s 23rd Annual Yuba River Cleanup September 16-27, 2020. Volunteer Registration begins August 3, 2020.

This Cleanup is part of the Coastal Cleanup Day which started in 1985 and is the largest volunteer event in the state. You, our volunteers, are the most important part of this effort. River Cleanup volunteers make a huge difference in the health of our watershed. Over the past 20 years, we’ve removed more than 120 tons of garbage and recycling. Just last year, we removed more than 15 tons of trash and recycling from the Yuba and Bear watersheds with the help of 900 dedicated volunteers. Thanks to our entire community of river volunteers who helped make the 2019 Yuba River Cleanup a success…but our work is far from over.

This summer due to shutdowns, crowds are flooding the Yuba River watershed in search of relief from the stress and heat of 2020. Beaches and trails are littered with shopping bags, straws, cigarette butts, bottles, glass, picnic trash and more. We are passionate about protecting the beautiful Yuba River and our river community. That’s why this year we will be hosting a different kind of river cleanup.
A NEW KIND OF CLEANUP

Keeping volunteers and the community safe from the spread of COVID-19 is our number one concern. Therefore, rather than one day of fun, this year’s cleanup will be spread across 12-days from September 16-27, 2020. We will be adhering to social distancing guidelines with this cleanup model, protecting ourselves while we protect the Yuba River.

Beginning August 3, volunteers can register online for the cleanup, choose a cleanup site and choose a time to pick up trash between September 16-27. Volunteers will be spread across 16+ sites over 12-days to minimize contact with visitors and fellow volunteers. Only 5-10 volunteers will be allowed per cleanup site for each shift. We need your help this year to bring garbage bags, masks and gloves to your cleanup spot. Pick up what trash and recycling you can, then report back to SYRCL what is left for the next volunteer shift.

To avoid large gatherings, the Volunteer Appreciation Party has been cancelled this year. However, we are offering an opportunity to get a commemorative 2020 Yuba River Cleanup t-shirt and we will still be awarding winners for the Best of Trash or Treasure Contest. During the Cleanup keep on the lookout for unique trash that might give you a win! This year’s trash or treasure categories will be: Most Useful Find, Most Historical Find, Most Unusual Find and Most Fashionable Find.

Concerned with social distancing at the river? Stay close-to-home by registering to cleanup your local neighborhood or natural area near you.
REGISTER TO VOLUNTEER

• Choose to volunteer at a River Cleanup Site or do a Neighborhood Cleanup.
• Register at yubarivercleanup.org
• Choose your location.
• Choose your time.
• Check for your confirmation email that includes a VOLUNTEER DISCOUNT CODE for your 2020 Cleanup t-shirt.

PREPARE FOR YOUR CLEANUP

• If you are sick in any way, DO NOT attend a Cleanup.
• Assemble your own Cleanup gear, including Personal Protective Equipment (PPE). This should include trash bags, buckets, gloves, face mask, a trash grabber or tongs (if available), sun protection, and close-toed shoes to protect against sharp objects.
• To protect your health and slow the spread of coronavirus, please follow the most recent guidance from the Centers for Disease Control, available here: https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/prevention.html

CLEANUP CHECKLIST

• Reusable water bottle
• Extra water
• A snack or lunch
• Reusable trash vessel such as a bucket to reduce plastic bags and dragging bags over rocks
• Extra trash bags
• Heavy work gloves
• Sturdy closed toed shoes
• Face mask
• River hat
• Sunscreen
• Bug spray
• Hand sanitizer
• Swim suit
**Day of Cleanup Directions**

When the Cleanup begins on September 16th you will receive a confirmation email with your shift time, location and directions to site. **PLEASE NOTE: This year there will be NO SITE LEADER at Cleanup sites.**

River Safety is your responsibility, please stay on marked beaches and trails while picking up trash. Here are a few guidelines to keep you and your family safe during your cleanup.

**Safety First**

- Never hike alone, go with members of your household.
- There is no cell service in the river canyon, however an emergency call box is located at Purdon Crossing. Dial 911 for emergencies or go to the nearest hospital: Sierra Nevada Memorial, 155 Glasson Way, Grass Valley.
- Stay hydrated throughout your Cleanup. Avoid overexertion, sunburn, heat exhaustion, and dehydration. When in doubt, come in early!
- Stay on the established trails. In parks and natural areas, follow all posted signage, stay on trails, and limit activities to areas open to the public.
- Hike with caution especially on loose and wet rocks.
- Be aware of ticks. Check for ticks after your Cleanup shift.
- Should you find an active encampment (i.e. camping or homeless camps), please stay away. Do not remove items that appear to be in use. Report camping to SYRCL.
- Be aware of surroundings when near roads or water.
- Beware of poison oak and stay away! Helpful hints: “Leaves of three, let them be.”
- Children need to be supervised by an adult at all times.
- Keep a safe distance from all wildlife!
This year there will be **NO SITE LEADER** at Cleanup sites. **RIVER SAFETY IS YOUR RESPONSIBILITY.**

- **Maintain a social distance of at least 6 feet** from everyone you encounter, even if you are wearing a mask.
- **ALWAYS wear gloves** – disposable if available – and dispose or wash them immediately after your Cleanup shift.
- **Avoid touching your face.**
- If your Cleanup is a local beach or waterway, be mindful of **slippery rocks** and use caution near the water’s edge.
- Wear a glove on the hand you’re picking up trash with and closed toe shoes at all times. Wear protective clothing and sunblock to protect you from the sun.

**When you arrive:**
**WHAT TO PICK UP**

We pick up only human-created matter (plastics, metal, glass, Styrofoam, etc.). Natural debris (algae, driftwood, etc.) is part of the natural system we are working to restore and should be left alone. Avoid disturbing plants and animals. Much of the trash out on the river is small, so keep an eye out for smaller pieces of trash called “microtrash”. Look in rock crevices and sift through sand to find more!

**WHAT IS MICROTRASH?**

Microtrash refers to small bits of trash such as broken glass, bottle caps, can tabs, and other smaller, broken down pieces of trash that can be ingested by curious birds and natural scavengers attracted to small bits of trash that stand out from its surroundings.

- **Leave behind biohazards** or dangerous items such as: needles, tampons, condoms, and human waste.
- **Don’t pick up syringes, needles, or any sharp objects.** In the event you find a needle or syringe, please document the location of it and notify SYRCL or local officials of their location. We will coordinate with agency officials to have it removed in a safe manner.
- **Don’t lift anything too heavy; when in doubt, don’t try!** Don’t remove anything that you will not be able to fit into your home debris bin. If it is too heavy to move, note the object and location and report to SYRCL. We can remove oversized items with a small team at a later date.
- **Don’t touch or pick up dead animals,** or attempt to move injured animals. Make a note of the issue and location and report it back to SYRCL.
- **Do not pick up or disturb natural objects,** such as leaves, nests, or eggs.
- **Do not go near any large drums.** They are potentially filled with chemicals. Make a note of the location and report back to SYRCL.

A word about recycling – please create a bag for recycling cans and bottles only. Bottles and cans filled with mud or debris can not be recycled. Nothing else you find at the river can be recycled, so please only deposit cans and bottles in the recycling bag.
**Reporting Your Trash**

- **Help us tally all the trash** and recycling we removed from the watershed. The information we collect gives us an advantage when planning future Cleanups and protecting the health of our river.

- **Report your trash collected** on your phone or computer by visiting: yubarivercleanup.org

- **Submit your trash tally**, upload your Cleanup photos, report trash left behind, submit comments for next year AND...

- **Don’t forget to enter in the TRASH OR TREASURE CONTEST** by entering your description, photo and category in your report form.

**Show us your Cleanup Success!**

Tag us on social media.  
#syrcl #yubalove #yubariver #yubariverpeople #yubarivercleanup #coastalcleanupday #protectyourhappyplace
TRASH OR TREASURE CONTEST

Sadly, we had to cancel our post-cleanup Volunteer Appreciation Party this year. We will miss seeing and dancing with all of you. However, we will still be holding the 2020 Trash or Treasure Contest. During the Cleanup keep on the lookout for unique trash that might give you a win! Take a photo of your trash treasure and submit it to SYRCL along with your report of how much trash you picked up.

Categories include:

- **Most Useful Find** – Did you find something that can still be used for something? Upcycled? If you think it might be the most useful trash find of the Cleanup, enter to win.
- **Most Historical Find** – Is it old? Rusty? A cool old bottle, a rusty old shovel, or gold nugget? Show off your antique trash and enter this category.
- **Most Unusual Find** – What is that? A car door, a toilet, a suitcase full of Barbie dolls, a bag of llama wool? Enter your most unusual trash finds.
- **Most Fashionable Find** – Purple polka-dot bikini? Jedi flip-flops? See if your river fashion is forward enough for our judges and enter a photo.

**RULES:** One item may be entered in the trash contest per person. Items already found in nature, (animals, flora, fauna) need not apply and let it stay where it lays. All entries will be voted on and winners will be chosen in October. Prizes awarded to winners!
Questions? SYRCL is here to help.
If you are having trouble viewing information, registering, have questions about sites or want to tell us about a watershed location needing cleaning, please contact Daniel Belshe, Community Engagement Manager, at daniel@yubariver.org or 530-265-5961 ext. 201.
South Yuba River Citizens League (SYRCL) VOLUNTEER WAIVER AND RELEASE OF LIABILITY

I hereby, with full knowledge of my rights do freely, voluntarily and without inducement or duress enter into this Volunteer Waiver and Release of Liability (“Agreement”) in favor of the South Yuba River Citizens League (SYRCL), a California nonprofit organization.

1. Assumption of Risk. I am volunteering for SYRCL with the knowledge that there is some risk that I may be injured in the course thereof. My volunteer efforts will include activities that may be hazardous to me, including, but not limited to, travel, field work, and exposure to potentially hazardous natural and human-created conditions and materials. I hereby expressly, voluntarily, and specifically assume the risk of injury or harm in connection with my volunteer activities.

2. Waiver and Release. I hereby release, discharge, and hold harmless SYRCL, its directors, officers, employees, volunteers, agents, successors, assigns and other representatives (collectively “SYRCL”) from and all liability, claims, actions, and demands of whatever kind, in law or equity, that I, my heirs, guardians, legal representatives, assigns or other representatives (collectively “I”) now have or may hereafter have for any bodily or personal injury, illness, death, property damage or any other liability or harm resulting from or in connection with my participation in volunteer activities for SYRCL. I hereby agree that I will not make a claim of any kind against or file an action of any kind against SYRCL for any injury, harm, damages, or compensation resulting from negligence, howsoever, caused as a result of or in connection with my participation in volunteer activities for SYRCL. I INTEND THIS AGREEMENT TO EXEMPT AND RELIEVE SYRCL FROM LIABILITY FOR PERSONAL INJURY, PROPERTY DAMAGES OR WRONGFUL DEATH CAUSED BY NEGLIGENCE.

3. Insurance; Medical Treatment; Workers Compensation. I understand and hereby agree that SYRCL does not assume any responsibility for providing assistance, including but not limited to medical, health, disability or workers' compensation care, insurance or compensation, in the event of any injury, illness, death, or property damage with respect to my volunteer activities for SYRCL, and I expressly waive any claim for compensation or liability on the part of SYRCL. I hereby release and forever discharge SYRCL from any claim whatsoever arising on account of any first aid, medical treatment, or other service rendered, or not rendered, in connection with my volunteer activities.

4. Photo, Audio, Video, Work Product and Intellectual Property Release. I hereby grant and convey to SYRCL all right, title, and interest I may have or acquire in any and all photographic images, video, or audio recordings made by or for SYRCL, as well as all right, title and interest I may have in any work product or intellectual property in connection with my volunteer activity for SYRCL.

5. Miscellaneous. I hereby expressly agree that this Agreement is intended to be as broad and inclusive as permitted by California law, which shall govern, and shall be liberally interpreted in SYRCL’s favor. If any provision of this Waiver is invalidated by any court of competent jurisdiction, the remaining provisions shall continue in effect. This agreement is the entire agreement between the parties.

6. COVID-19 Agreement. I understand that my volunteer activities with The South Yuba River Citizens League (SYRCL) may expose me to COVID-19, also known as the coronavirus. I understand that while SYRCL is adhering to mandated state & federal health regulations and guidelines to ensure volunteer safety, there is inherent risk in performing field work & exposing myself to other people. I understand that this release discharges SYRCL from any liability or claim that I may have against SYRCL with respect to any bodily injury, illness, death, medical treatment that may arise from or in connection with my volunteer activities.

7. Understanding of COVID-19 Risk. By signing below, you are agreeing to SYRCL’s Volunteer Assumption of Risk, Waiver of Liability & COVID-19 Agreement. You are also affirming that you have NOT traveled to a foreign country or area of the United States that is impacted by the COVID-19 coronavirus. Additionally, to the best of your knowledge, you are also affirming that you are not exhibiting COVID-19 symptoms, have not tested positive for COVID-19 or knowingly been in direct contact with anyone who has tested positive for COVID-19. If you answer yes to any of these queries, you may not volunteer with SYRCL.
PRINT AND COMPLETE DURING YOUR CLEANUP

YUBA RIVER CLEANUP DATA CARD

Thanks for volunteering with SYRCL to help cleanup our beloved Yuba. Use this data card to record the trash you collect during your cleanup. Please only fill out one card per site, and don’t forget to take pictures! After your cleanup, submit your cleanup results at yubarivercleanup.org.

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**SITE INFORMATION**

<table>
<thead>
<tr>
<th>Group Leader Name:</th>
<th>Number of Adult Participants:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Site Location:</td>
<td>Number of Child Participants:</td>
</tr>
<tr>
<td>Date:</td>
<td>Age Range:</td>
</tr>
</tbody>
</table>

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**TRASH COLLECTED**

Record numbers of each category you found below. Feel free to use the space to tally as you are going, but remember to include a total whole number at the end. **Find an item not listed here? List the items and their counts on the back of this sheet.**

<table>
<thead>
<tr>
<th>Cigarette Butts:</th>
<th>Plastic Bags:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Food Wrappers:</td>
<td>Paper Bags:</td>
</tr>
<tr>
<td>Takeout Containers:</td>
<td>Cups &amp; Plates:</td>
</tr>
<tr>
<td>Bottle Caps:</td>
<td>Fishing Gear:</td>
</tr>
<tr>
<td>Lids:</td>
<td>Packaging Material:</td>
</tr>
<tr>
<td>Straws/Stirrers:</td>
<td>Appliances:</td>
</tr>
<tr>
<td>Eating Utensils:</td>
<td>Personal Hygiene Items:</td>
</tr>
<tr>
<td>Plastic Bottles:</td>
<td></td>
</tr>
<tr>
<td>Glass Bottles:</td>
<td></td>
</tr>
<tr>
<td>Cans:</td>
<td></td>
</tr>
</tbody>
</table>

**TINY TRASH**
Trash less than 2.5 cm in diameter.

<table>
<thead>
<tr>
<th>Foam:</th>
<th>Glass:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Plastic:</td>
<td>Plastic:</td>
</tr>
</tbody>
</table>

Most Unusual Trash Found:

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We hope you enjoyed your cleanup! Found a useful, historical, fashionable, or just plain unusual item? Snap a photo and submit your entry to the Trash Contest at yubarivercleanup.org!

<table>
<thead>
<tr>
<th>Number of Bags Filled:</th>
<th>Estimated Weight (lbs):</th>
<th>Distance Cleaned (miles):</th>
</tr>
</thead>
</table>